



Positive Reset Manalapan

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YOUTH BEHAVIORAL HEALTH REFERRAL GUIDE

Priority Intake & Collaborative Clinical Care

THE 24-HOUR PROMISE

We know that when a child or adolescent is ready for help, timing is critical for the entire family.

- **Fast-Track Intake:** All youth referral leads submitted via our portal are contacted within **one business day** to prioritize early intervention.
- **Seamless Handoff:** We manage all insurance verification and patient navigation, reducing the administrative burden on your staff and getting families into care faster.
- **Specialized Providers:** Our team includes PMHNP-BC and therapists specializing in pediatric and adolescent care for a truly multidisciplinary approach.



CORE CLINICAL SPECIALTIES FOR YOUTH & ADOLESCENTS

- **Pediatric Medication Management:** Specialized psychiatric oversight for pharmacological stability and safety in developing minds.
- **ADHD & Executive Functioning:** Behavioral strategies and clinical support for focus, impulse control, and academic organization.
- **Anxiety, Stress & School Refusal:** Evidence-based interventions for social phobia, test anxiety, and academic social-emotional challenges.
- **Depression & Adolescent Mood Disorders:** Age-appropriate therapy for persistent depressive disorder, self-esteem, and emotional regulation.
- **Trauma-Informed Care:** Specialized support using CBT and DBT-informed techniques tailored for children and teens.
- **Family Systems & Life Transitions:** Collaborative counseling for navigating significant life changes, grief, social-peer relationships, and parent-child dynamics.

HOW TO REFER

Skip the paperwork and faxes. Scan QR Code or Submit your referral leads directly through our Priority Partner Portal:
www.PositiveResetManalapan.com/referrals

